# PRO TIPS | YOUTH SOCCER CHECKLIST



## **MUST-HAVE ESSENTIALS**

| Soccer Shirt       | Soccer Cleats        |
|--------------------|----------------------|
| Soccer Shorts      | Slides or Flip Flops |
| Soccer Socks       | Soccer Balls         |
| Long-Sleeve Shirts | Shin Guards          |

#### **TRAINING EQUIPMENT**

□ Soccer Goals & Rebounders

Soccer Training Equipment

☐ Fitness & Recovery Gear

### **GOALKEEPER ESSENTIALS**

☐ Goalkeeper Gloves

□ Goalkeeper Clothing

#### □ Chest & Body Protection

### **UP YOUR GAME**

□ Soccer Bags

□ Water Bottles

☐ Field Player Gloves

GameChanger App

☐ First Aid Kit

□ Sunscreen & Bug Spray